

Calendar 2025-26

We do our best to adhere to everything on this calendar, but some edits will inevitably have to be made. We will communicate those!

Follow us on @cheerforNGHS on Instagram for reminders and updates

July 2025							
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
6	7	8	9	10	11	12	
GHSA "Dead" Week	NO PRACTICE	NO PRACTICE	NO PRACTICE	NO PRACTICE	NO PRACTICE		
13	14 COMP: 9:00-12:00	15 COMP: 9:00-12:00	JV COMP: 4:30-7:30 *Dance Choreo	17 V COMP: 2:00-6:30 *Dance Choreo	18	19	
20	21 COMP: 9:00-12:00	22 COMP: 9:00-12:00	23 COMP: 9:00-12:00	24 Teachers Back to Work!	25	26	
Program Pictures **Check email from NGHS Cheer Booster Club on 7/15 for all details!!	The Cheer Season officially begins practices are mandatory! COMP: Varsity 3:45-5:00 SPIRIT: Youth Rec Cheer Camp (all spirit cheerleaders need to attend – in the evening) TIME: 5:15-7:45	COMP: JV 3:45-5:00 SPIRIT: Youth Rec Cheer Camp (all spirit cheerleaders need to attend – in the evening) TIME: 5:15-7:45	SPIRIT: Youth Rec Cheer Camp (all spirit cheerleaders need to attend – in the evening) TIME: 5:15-7:45	NGHS Open House	August 1 SPIRIT: Community Pep-Rally Event	2	

August 2025							
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
3	4 FIRST DAY OF SCHOOL COMP: V 2:30-4:00 JV 3:30-5:00 RED SPIRIT: 9th Football 2:30-3:45	5 COMP: V 3:00-4:30 @ ATA in Cumming JV 2:30-4:00 (at North) BLACK	6 SPIRIT: GAMEDAY 3:45-5:30	7 COMP: V 2:30-4:00 JV 3:30-5:00 WHITE	8 COMP: V 2:30-4:00 JV 3:30-5:00 NEON V Football vs So Gwinnett @ home 7:30 pm	9 COMP: Team Pool Party @ Caceres'	
10	11 COMP: V 2:30-4:00 JV 3:30-5:00 RED SPIRIT: 9th Football 2:30-3:45	12 COMP: V 3:00-4:30 @ ATA in Cumming JV 2:30-4:00 (at North) BLACK	13 SPIRIT: 9th & JV Football 2:30-4:15 V Football 3:45-5:30	14 COMP: V 2:30-4:00 JV 3:30-5:00 WHITE	15 COMP: V 2:30-4:00 JV 3:30-5:00 NEON	Corky Kell @ Mercedes Benz @ 8:00	
17	18 COMP: V 2:30-4:00 JV 3:30-5:00 RED SPIRIT: 9th Football 2:30-3:45	COMP: V 3:00-4:30 @ ATA in Cumming JV 2:30-4:00 (at North) BLACK	20 SPIRIT: 9th & JV Football 2:30-4:15 GAMEDAY 3:45-5:30	21 COMP: V 2:30-4:00 WHITE 9th FB @ Norcross 6:00 pm JV FB Norcross Home 6:00 pm	22 COMP: V 2:30-4:00 JV 3:30-5:00 NEON	23	
24	25 COMP: V 2:30-4:00 JV 3:30-5:00 RED SPIRIT: 9th Football 2:30-3:45	26 COMP: V 3:00-4:30 @ ATA in Cumming JV 2:30-4:00 (at North) BLACK	27 SPIRIT: 9th & JV Football 2:30-4:15 V Football 3:45-5:30	28 COMP: V 2:30-4:00 WHITE 9th FB Parkview Home 6:00 pm JV FB @ Parkview 6:00 pm	COMP: No Practice V Football vs Colquitt @ home 7:30 pm	30	

	September 2025						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
31	1 LABOR DAY No Practice	2 COMP: V 3:00-4:30 @ ATA in Cumming JV 2:30-4:00 (at North) BLACK	3 SPIRIT: 9th & JV Football 2:30-4:15 V Football 3:45-5:30	4 COMP: V 2:30-4:00 WHITE 9th FB Mill Creek Home 6:00 pm JV FB @ Mill Creek 6:00 pm	5 COMP: V 2:30-4:00 JV 3:30-5:00 NEON V Football vs Mill Creek @ home 7:30 pm	6	
7	8 COMP: V 2:30-4:00 JV 3:30-5:00 RED	9 COMP: V 3:00-4:30 @ ATA in Cumming JV 2:30-4:00 (at North) BLACK GAMEDAY 3:45-5:30	SPIRIT: 9th & JV Football 2:30-4:15 V Football 3:45-5:30	11 COMP: V 2:30-4:00 WHITE GAMEDAY 4:00-5:30 9th FB @ Brookwood 6:00 pm JV FB Brookwood Home 6:00 pm	12 COMP: V 2:30-4:00 JV 3:30-5:00 NEON V Football @ Brookwood 7:00 pm	COMP: Showcase @ North	
NGFA Mock Cheer-Off *Not mandatory but come support your youth teams!	15 COMP: V 2:30-4:00 JV 3:30-5:00 RED	COMP: V 3:00-4:30 @ ATA in Cumming JV 2:30-4:00 (at North) BLACK	17 SPIRIT: 9th & JV Football 2:30-4:15 V Football 3:45-5:30	COMP: V 2:30-4:00 WHITE GAMEDAY 4:00-5:30 9th FB @ Collins Hill 6:00 pm JV FB Collins Hill Home 6:00 pm	19 DIGITAL DAY COMP: V 2:30-4:00 JV 3:30-5:00 NEON V Football @ Parkview 7:00 pm	COMP: Competition @ Mill Creek (JV & V) Suwanee Fest *Parade participation is mandatory for all spirit cheerleaders	
NGFA Cheer-Off @ Gas South	22 COMP: V 2:30-4:00 JV 3:30-5:00 RED	COMP: V 3:00-4:30 @ ATA in Cumming JV 2:30-4:00 (at North) BLACK	SPIRIT: 9th & JV Football 2:30-4:15 V Football 3:45-5:30	25 COMP: V 2:30-4:00 WHITE 9th FB Archer Home 6:00 pm JV FB @ Archer 6:00 pm	26 COMP: V 2:30-4:00 JV 3:30-5:00 NEON V Football Vs. Barkmar 7:00 pm	COMP: Competition @ Buford (JV & V)	

	October 2025							
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
September 28	29 COMP: V 2:30-4:00 JV 3:30-5:00 RED	30 COMP: V 3:00-4:30 @ ATA in Cumming JV 2:30-4:00 (at North) BLACK	SPIRIT: 9th & JV Football 2:30-4:15 V Football 3:45-5:30	2 COMP: V 2:30-4:00 WHITE 9th FB @ P-Ridge 6:00 pm JV FB P-Ridge Home 6:00 pm	3 COMP: V 2:30-4:00 JV 3:30-5:00 NEON V Football @ Peachtree Ride 7:00 pm	4 COMP: Competition @ Seckinger (JV & V) *last comp for JV		
5	6 COMP: V 2:30-4:00 RED	7 COMP: V 3:00-4:30 @ ATA in Cumming GAMEDAY 4:00-5:30	8	9 FALL BREAK	10 FALL BREAK	11 FALL BREAK		
12 FALL BREAK	13 FALL BREAK	14 COMP: V 3:00-4:30 @ ATA in Cumming	SPIRIT: V Football 3:45-5:30	16 COMP: V 2:30-4:00 WHITE GAMEDAY 4:00-5:30	17 COMP: V 2:30-4:00 NEON V Football Meadowcreek @ home 7:00 pm HOMECOMING	18 Homecoming!		
19	20 COMP: V 2:30-4:00 RED	21 COMP: V 3:00-4:30 @ ATA in Cumming	SPIRIT: V Football 3:45-5:30	23 COMP: V 2:30-4:00 WHITE GAMEDAY 4:00-5:30	24 COMP: V 2:30-4:00 NEON V Football @ Norcross 7:00 pm	25 COMP: Competition @ Lanier (V)		
26	27 COMP: V 2:30-4:00 RED	28 COMP: V 3:00-4:30 @ ATA in Cumming	29 SPIRIT: V Football 3:45-5:30	30 COMP: V 2:30-4:00 WHITE V Football Duluth @ home 7:00 pm SENIOR NIGHT	31 COMP: V 2:30-4:00 NEON	November 1 COMP: Competition @ Cherokee (V)		